



## **TWO NEW SHOPS LAUNCH AT CREAKE ABBEY ON SATURDAY 6<sup>TH</sup> OCTOBER**

Scandicool and Sugarlicious are two permanent, new and exciting independent shops opening in the Courtyard at Creake Abbey in North Norfolk. They both open this Saturday coinciding with the October Farmers' Market.

Scandicool is a vibrant Scandinavian lifestyle shop offering quirky home ware; retro inspired prints and exclusive clothing ranges. Owner Rachel has handpicked a collection of brands including fun Norwegian label Blafre, eco-conscious organic label Duns Sweden and quirky Swedish brand Isak.

Rachel said "After having my son Archie six years ago I found myself searching for bright and fun clothing to dress him in. This is when I discovered the beautiful Scandinavian prints that were available. Ever since I have been captivated by the colours and quirky retro prints to be found there. I then discovered that you could buy homewares and ladies clothing incorporating the same fun and colourful style. Six years on Scandicool is born both at Creake Abbey and online at [www.scandicool.co.uk](http://www.scandicool.co.uk) - let the fun begin."

Next door, Sugarlicious offers everything you need to create a truly unique celebration. Part 'cakery,' part shop it stocks beautiful party decorations, bespoke party bags and cool gifts by Wu and Wu, Sabien Engelenburg and Julianne Matter. Owner Charlotte Chapman has been making her delightfully kitsch cakes for over twenty years and her designs have previously been featured in Hello magazine. Charlotte has been running the Creaky Café at Creake Abbey for the past few years and has an established client base.

Charlotte said "My new venture, Sugarlicious, has been born out of my love for baking (especially cakes!), creating magical parties for my three children and a need to always be on the look out for something a bit different and unusual. After an opportunity came up I grabbed the chance to put all my favourite things together and Sugarlicious was created."

With their eclectic range of brands and products, both shops offer something completely new to Norfolk.

## **Notes for editors**

For further information please contact:

Scandicool – Rachel Woodhouse [www.scandicool.co.uk](http://www.scandicool.co.uk)

Sugarlicious – Charlotte Chapman 07500 190 762 [www.sugarlicious.uk.com](http://www.sugarlicious.uk.com)

Creake Abbey – Diana Brocklebank Scott 07801 418907 [www.creakeabbey.co.uk](http://www.creakeabbey.co.uk)

### **CREAKE ABBEY**

#### **Courtyard shopping at Creake Abbey**

Situated close to the romantic ruins of Creake Abbey, visitors will discover unusual treasures and exceptional design in the individual studio shops. Amongst the wide range of items available shoppers will also find the following at Creake Abbey: Home by Annie Lambert: antiques, glass and home furnishings, Christopher William Country: classic outdoor clothing and accessories, Tidal Therapies: beauty and massage therapy, artists in residence Dany Evans and Saskia Townsend and the Creakey Café serving morning coffee, lunches and teas. These shops are now joined by Scandicool and Sugarlicious as a permanent offering.

#### **Farmers' Markets at Creake Abbey**

Attended by over 50 producers this market is now the largest in Norfolk and won the EDP Norfolk Food Awards "Best Farmers' Market" category in 2010 and 2011. The market takes place on the 1<sup>st</sup> Saturday of every month (except January) between 9.30am and 1pm. Free entry, free and ample parking. Designed to satisfy the needs of the weekly food shop, visitors can find everything from rare breed meats to artisan breads, juices, ales, cheeses, flowers, vegetables, dairy products, chocolates and beautifully prepared meals.

#### **Creake Abbey Ruins**

The magnificent ruins of Creake Abbey, a former Augustinian priory turned Abbey founded in 1206, are open to the public and free of charge. An English Heritage site.

#### **Nature walks around Creake Abbey**

Come and enjoy the tranquil setting of Creake Abbey further by exploring the beautiful North Norfolk countryside around the site. There is a network of walks where interesting flora and fauna can be seen.

For images please contact Diana Scott:

Scandicool:



Sugarlicious:



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